



# Do you know the new guidance on self-isolation?

**! IF YOU'RE FULLY VACCINATED OR UNDER 18:**  
YOU NO LONGER NEED TO SELF-ISOLATE IF YOU'RE A CLOSE CONTACT OF SOMEONE WHO TESTS POSITIVE FOR COVID-19

**14 DAYS MUST HAVE PASSED SINCE YOUR SECOND DOSE**



**But you still need to get a PCR test as soon as possible to check whether you have the virus.**

**Book online at [www.gov.uk/get-coronavirus-test](https://www.gov.uk/get-coronavirus-test)**



You don't need to isolate whilst waiting for the results, but it might be a good idea to take extra precautions.

**People who are double vaccinated can still get COVID-19, so wear a mask in public places, limit contact with others and consider those who are more vulnerable**



If you're not vaccinated yet, book online at [www.nhs.uk/conditions/coronavirus-covid-19](https://www.nhs.uk/conditions/coronavirus-covid-19) or by phoning 119



You can also get your vaccine from one of the many walk-in centres and pop up clinics - find out where by visiting [www.thevaccinators.co.uk](https://www.thevaccinators.co.uk)



Remember, if you have symptoms of COVID-19: **YOU MUST SELF-ISOLATE AND GET A PCR TEST**



For updates and advice please check our websites [www.gov.uk](https://www.gov.uk)  
[www.peterborough.gov.uk](https://www.peterborough.gov.uk) and [www.cambridgeshire.gov.uk](https://www.cambridgeshire.gov.uk)